

FREEDIVE TORONTO MEMBERSHIP APPLICATION

Name (first, last) _____
Address _____
City _____ Prov/State _____ Country _____
Postal Code/Zip _____
Home phone _____ Work Phone _____
Cell Phone _____ E-Mail _____
Sex _____ Date of Birth _____

PLEASE CIRCLE OR FILL IN APPROPRIATE ANSWER

Are you a member of The Canadian Assn of Freedivign and Apnea (CAFA)? Yes No
Do you have swimming/snorkeling experience? Yes No
Have you taken a freediving course before? Yes No
If Yes which course, where and when _____
Are you in good medical health? Yes No
Are you 18 years or age or minimum 5 years of age with guardian permission? Yes No
Do you own snorkeling/ freediving fins? Yes No
Do you own a snorkeling/ freediving mask? Yes No
Do you have proper exposure protection for diving in your area? Yes No

My experience level at time of application is:

Beginner Intermediate Advanced

I have completed:

Scuba Training	Type _____	Date _____
First Aid/CPR Training	Type _____	Date _____
Life Guard Training	Type _____	Date _____
In water safety training:	Type _____	Date _____

I have enclosed my annual membership fee of \$ _____ (please refer to current fee schedule at <http://www.freedivertoronto.com>) in the form of check or Money order Payable to "Douglas Sittler".

PLEASE READ AND INITAIL/SIGN BELOW

I understand that Freediving is a dangerous sport and that diving or training with a partner who is experienced in Freediving safety techniques is essential to my well being and I will make every effort to always dive with such a partner.

INITIAL _____

IN CONSIDERATION of being given the opportunity to participate in Freedive Toronto I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Freediving Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.); FREEDIVING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue Freedive Toronto, their administrators, directors, agents, officers, volunteers and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____

Date: _____

Address: _____

Phone: _____

Signature (only if age 18 or over)

Witness

(Print) _____ **(Sign)** _____ **Date** _____

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of FREEDIVING activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian:

Date: _____

Address:

Phone: _____

Parent/Guardian Signature (only if participant is under the age of 18):

CANADIAN ASSOCIATION OF FREEDIVING AND APNEA

STANDARD SAFE FREEDIVING PRACTICES

STATEMENT OF UNDERSTANDING

This is a statement in which you are informed of the established safe diving practices for snorkelling and freediving. These practices have been compiled for your review and acknowledgement and are intended to increase your comfort and safety in snorkeling/freediving. Your signature on this statement is required as proof that you are aware of these safe freediving practices. Read and discuss the statement prior to signing it. If you are a minor, a parent or guardian must also sign this form.

I, _____, understand that as a diver I should:

1. Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or dangerous drugs when freediving. Keep proficient in freediving skills, striving to increase them through continuing education and reviewing them in controlled conditions after a period of freediving inactivity.
2. Be familiar with my dive sites. If not, obtain a formal site orientation from a knowledgeable, local source. If diving conditions are worse than those in which I am experienced, postpone freediving or select an alternate site with better conditions. Engage only in freediving activities consistent with my training and experience. Do not engage in cave, wreck or ice freediving.
3. Use complete, well-maintained, reliable equipment with which I am familiar; and inspect it for correct fit and function prior to each dive.
4. Listen carefully to freedive briefings and directions and respect the advice of those supervising my freediving activities.
5. Never practice or take part in freediving activities without direct supervision of a buddy whether in open water or in confined water. Adhere to the buddy system throughout every freedive. Plan freedives - including communications, and emergency procedures - with my buddy.
6. Have a means to monitor depth and time under water. Limit maximum depth and time to my level of training and experience.
7. Wear appropriate amount of weight so that I am comfortably buoyant at the surface when at rest and without a full lung of air. Have weight system accessible for easy removal, and establish buoyancy when in distress.

8. Take sufficient surface intervals to properly breathe between freedives. Avoid overexertion while in and under water and freedive within my limitations.

9. Discontinue freediving activity for the day should any blackout or near-blackout (samba) occur.

10. Know and obey local diving laws and regulations, including fish-and-game and dive-flag laws.

I have read the above statements and have had any questions answered to my satisfaction. I understand the importance and purposes of these established practices. I recognize they are for my own safety and well being, and that failure to adhere to them can place me in jeopardy when diving.

Participant's Signature _____

Date (Day/Month/Year) _____

Signature of Parent or Guardian (where applicable) _____

Date (Day/Month/Year) _____